

excel V+ (Laser Hair Removal) Pre & Post Care Instructions

Before your treatment:

- Do not wear makeup on the day of treatment
- No sun-tanning or self-tanners 4 weeks prior to treatment
 - Includes spray tans, tanning lotions, tanning beds, sun exposure, etc.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc.)
- Notify clinic with any changes to your health history or medications since your last appointment

After your treatment:

- Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen
- Redness and perifollicular edema (looks like like a rash/bug bites) are common and resolve with time
- Bruising and swelling are less common but may occur and will resolve with time
- Hair may take up to 2 weeks to fall out
- Avoid heat- hot tubs, saunas ect. for 1-2 days
- Avoid skin irritants such as; benzoyl peroxide, glycolic/salicylic acids, astringents, ect.
- Do not wax or pluck between treatments
- Notify the clinic of any concerns (blistering, excessive redness/swelling etc.)
- Hair removal requires a series of treatments. The number of treatments depends on body location and type of hair